

<b>Committee</b>	<b>Dated:</b>
Health and Wellbeing Board	27/11/2015
<b>Subject:</b> Mental Health Strategy	<b>Public</b>
<b>Report of:</b> Director of Community and Children's Services	<b>For Decision</b>

### Summary

This report introduces the Mental Health Strategy. This strategy was developed based on the findings of the *Mental Health Needs Assessment for the City of London* (2015). The mental health strategy sets out the overarching aim for more people in the City to have good mental health, and describes how we intend to achieve this. It identifies four priorities which are: Prevention, Personalisation, Recovery, and Delivery.

The focus of the strategy is delivering better outcomes for residents, rough sleepers and workers. It aims to improve the mental health of people in the City, keep people well and then ensure we provide effective support when mental health problems do arise.

### Recommendation

Members are asked to:

- Approve the Mental Health Strategy.

### Main Report

#### Background

1. The City of London has commissioned the development of a Mental Health Strategy which sets out our overarching aim for more people in the City to have good mental health, and describes how we intend to achieve this. It provides a vision and priorities for mental health activities for 2015-2018.
2. The Strategy has been developed to reflect the national, regional and local policy context. This includes the Joint Health and Wellbeing Strategy which has identified mental health as a key priority for City residents, workers and rough sleepers. The Board has committed to ensuring that residents get better access to effective, joined-up support for mental health issues, reducing social isolation,

improving the health and wellbeing of rough sleepers and addressing issues of stress, anxiety and depression for City workers.

3. The City and Hackney Clinical Commissioning Group (CCG) supports this ambition by focusing on the mental health needs of their patients and working to achieve parity of esteem between mental and physical health. The CCG is committed to improving access to services, delivering community-based care, focusing on recovering and promoting choice and independence for patients in their mental health services.

## **Current Position**

1. The *Mental Health Needs Assessment for the City of London (2015)* pulls together data from a range of sources to describe the mental health needs of the different population groups in the City and makes a number of key recommendations for service provision based on the level of need. Its findings form the evidence base for this strategy and enable us to understand the particular mental health problems faced by people in the Square Mile.
2. The strategy was developed in consultation with key partners across the City of London including City and Hackney Public Health, Community and Children's Services, City and Hackney Clinical Commissioning Group and East London Foundation Trust. The strategy has been developed following a workshop to gather the views of local residents, service users, voluntary sector providers and professionals. Business Healthy members have also been asked for their views on the challenges they face in supporting the mental health of their employees.
3. The strategy considers three distinct populations with different needs and mental health issues:
  1. Residents,
  2. City workers
  3. Rough sleepers
4. The overarching aim of the strategy is for more people in the City to have good mental health which is addressed two ways:
  1. Improve the mental health of people in the City and keep people well
  2. Provide effective support for people with mental health problems
5. This strategy identifies 4 key priorities and outlines how they can be achieved. The 4 key priorities are:
  - Prevention
  - Personalisation
  - Recovery
  - Delivery
6. The strategy will be supported by a delivery plan that will be refreshed annually. This will be governed by the City of London Health and Wellbeing Board, who will measure and monitor progress.

## **Proposals**

4. A draft City of London Mental Health Strategy has been prepared for Members' consideration. The strategy is presented in Appendix 1.

## **Corporate & Strategic Implications**

5. The Strategy will support the delivery of the Joint Health and Wellbeing Strategy and the CCG Commissioning Strategy

## **Conclusion**

6. The Mental Health Strategy sets out the overarching aim for the residents, workers and rough sleepers in the City to have good mental health, and describes how we intend to achieve this.

## **Appendices**

- Appendix 1 – Mental Health Strategy

## **Simon Cribbens**

Head of Strategy and Performance

Community and Children's Services

T: 020 7332 1210

E: [simon.cribbens@cityoflondon.gov.uk](mailto:simon.cribbens@cityoflondon.gov.uk)